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|  PHYSICAL THERAPY Resources for DevelopmentChoosePT (American Physical Therapy Association resource)<https://www.choosept.com/search/results?q=pediatrics&realmName=HTTP&wt=json&rows=10&start=0> American Academy of Pediatrics: Physical Developmental Delay Tool<https://www.healthychildren.org/english/motordelay/pages/default.aspx>Tummy Time Tips<https://www.choosept.com/resources/detail/tummy-time-tools>Autism:<https://www.choosept.com/symptomsconditionsdetail/physical-therapy-guide-to-autism-spectrum-disorder><https://www.choosept.com/radio/detail/austims-spectrum-disorder-collaborative-care-varie>Cerebral Palsy:<https://www.choosept.com/symptomsconditionsdetail/physical-therapy-guide-to-cerebral-palsy-2>Down Syndrome:<https://www.choosept.com/symptomsconditionsdetail/physical-therapy-guide-to-down-syndrome-2>Muscular Dystrophies:<https://www.choosept.com/symptomsconditionsdetail/physical-therapy-guide-to-muscular-dystrophies-in-children>Prader Willi Syndrome:<https://www.choosept.com/symptomsconditionsdetail/physical-therapy-guide-to-prader-willi-syndrome>Prematurity:<https://www.choosept.com/symptomsconditionsdetail/physical-therapy-guide-to-infant-prematurity>Spina Bifida:<https://www.choosept.com/symptomsconditionsdetail/physical-therapy-guide-to-spina-bifida>Movement videos:Cosmic Kids Yoga <https://www.youtube.com/user/CosmicKidsYoga>Go Noodle<https://www.gonoodle.com/>Go with Yo Yo<https://www.youtube.com/channel/UCg66zBWz7bQOXAw31MdtPCQ>Koo Koo Kangaroo<https://www.youtube.com/KooKooKangaRoo>Home Exercises Ages 6-10 (PT guided)<https://www.choosept.com/patientresources/videolibrary/detail/home-exercises-from-physical-therapist-kids-aged-6>Inspirational: Kid President<https://www.youtube.com/playlist?list=PLzvRx_johoA-YabI6FWcU-jL6nKA1Um-t&feature=plcp>20 Things we Should Say More Often<https://www.youtube.com/watch?v=m5yCOSHeYn4&list=PLzvRx_johoA-YabI6FWcU-jL6nKA1Um-t&index=72>Breathing and Mindfulness:<https://www.youtube.com/watch?v=RiMb2Bw4Ae8><https://www.youtube.com/watch?v=iEEJT9cYsm0&t=378s>[Preview YouTube video Kid President's 20 Things We Should Say More Often](https://www.youtube.com/watch?v=m5yCOSHeYn4&authuser=0" \t "_blank)[https://i.ytimg.com/vi/m5yCOSHeYn4/mqdefault.jpg](https://www.youtube.com/watch?v=m5yCOSHeYn4&authuser=0" \t "_blank)[https://ssl.gstatic.com/docs/doclist/images/mediatype/icon_2_youtube_x16.png](https://www.youtube.com/watch?v=m5yCOSHeYn4&authuser=0" \t "_blank)**[Kiesident's 20 Things We Should Say More Often](https://www.youtube.com/watch?v=m5yCOSHeYn4&authuser=0" \t "_blank)**[Preview YouTube video Belly Breathing: Mindfulness for Children](https://www.youtube.com/watch?v=RiMb2Bw4Ae8&authuser=0" \t "_blank)[https://i.ytimg.com/vi/RiMb2Bw4Ae8/mqdefault.jpg](https://www.youtube.com/watch?v=RiMb2Bw4Ae8&authuser=0" \t "_blank)[https://ssl.gstatic.com/docs/doclist/images/mediatype/icon_2_youtube_x16.png](https://www.youtube.com/watch?v=RiMb2Bw4Ae8&authuser=0" \t "_blank)**[Belly Breathing: Mindfulness for Children](https://www.youtube.com/watch?v=RiMb2Bw4Ae8&authuser=0" \t "_blank)**[Preview YouTube video Kids Mindfulness: Calm Compilation](https://www.youtube.com/watch?v=iEEJT9cYsm0&t=378s&authuser=0" \t "_blank)[https://i.ytimg.com/vi/iEEJT9cYsm0/mqdefault.jpg](https://www.youtube.com/watch?v=iEEJT9cYsm0&t=378s&authuser=0" \t "_blank)[https://ssl.gstatic.com/docs/doclist/images/mediatype/icon_2_youtube_x16.png](https://www.youtube.com/watch?v=iEEJT9cYsm0&t=378s&authuser=0" \t "_blank)**[dfulness: Calm Compilation](https://www.youtube.com/watch?v=iEEJT9cYsm0&t=378s&authuser=0" \t "_blank)** |  |  |