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| PHYSICAL THERAPY Resources for Development ChoosePT (American Physical Therapy Association resource)  <https://www.choosept.com/search/results?q=pediatrics&realmName=HTTP&wt=json&rows=10&start=0>  American Academy of Pediatrics: Physical Developmental Delay Tool  <https://www.healthychildren.org/english/motordelay/pages/default.aspx>  Tummy Time Tips  <https://www.choosept.com/resources/detail/tummy-time-tools>  Autism:  <https://www.choosept.com/symptomsconditionsdetail/physical-therapy-guide-to-autism-spectrum-disorder>  <https://www.choosept.com/radio/detail/austims-spectrum-disorder-collaborative-care-varie>  Cerebral Palsy:  <https://www.choosept.com/symptomsconditionsdetail/physical-therapy-guide-to-cerebral-palsy-2>  Down Syndrome:  <https://www.choosept.com/symptomsconditionsdetail/physical-therapy-guide-to-down-syndrome-2>  Muscular Dystrophies:  <https://www.choosept.com/symptomsconditionsdetail/physical-therapy-guide-to-muscular-dystrophies-in-children>  Prader Willi Syndrome:  <https://www.choosept.com/symptomsconditionsdetail/physical-therapy-guide-to-prader-willi-syndrome>  Prematurity:  <https://www.choosept.com/symptomsconditionsdetail/physical-therapy-guide-to-infant-prematurity>  Spina Bifida:  <https://www.choosept.com/symptomsconditionsdetail/physical-therapy-guide-to-spina-bifida>  Movement videos:  Cosmic Kids Yoga  <https://www.youtube.com/user/CosmicKidsYoga>  Go Noodle  <https://www.gonoodle.com/>  Go with Yo Yo  <https://www.youtube.com/channel/UCg66zBWz7bQOXAw31MdtPCQ>  Koo Koo Kangaroo  <https://www.youtube.com/KooKooKangaRoo>  Home Exercises Ages 6-10 (PT guided)  <https://www.choosept.com/patientresources/videolibrary/detail/home-exercises-from-physical-therapist-kids-aged-6>  Inspirational:  Kid President  <https://www.youtube.com/playlist?list=PLzvRx_johoA-YabI6FWcU-jL6nKA1Um-t&feature=plcp>  20 Things we Should Say More Often  <https://www.youtube.com/watch?v=m5yCOSHeYn4&list=PLzvRx_johoA-YabI6FWcU-jL6nKA1Um-t&index=72>  Breathing and Mindfulness:  <https://www.youtube.com/watch?v=RiMb2Bw4Ae8>  <https://www.youtube.com/watch?v=iEEJT9cYsm0&t=378s>  [Preview YouTube video Kid President's 20 Things We Should Say More Often](https://www.youtube.com/watch?v=m5yCOSHeYn4&authuser=0" \t "_blank)  [[https://i.ytimg.com/vi/m5yCOSHeYn4/mqdefault.jpg](https://www.youtube.com/watch?v=m5yCOSHeYn4&authuser=0)](https://www.youtube.com/watch?v=m5yCOSHeYn4&authuser=0" \t "_blank)  [[https://ssl.gstatic.com/docs/doclist/images/mediatype/icon_2_youtube_x16.png](https://www.youtube.com/watch?v=m5yCOSHeYn4&authuser=0)](https://www.youtube.com/watch?v=m5yCOSHeYn4&authuser=0" \t "_blank)  **[Kiesident's 20 Things We Should Say More Often](https://www.youtube.com/watch?v=m5yCOSHeYn4&authuser=0" \t "_blank)**  [Preview YouTube video Belly Breathing: Mindfulness for Children](https://www.youtube.com/watch?v=RiMb2Bw4Ae8&authuser=0" \t "_blank)  [[https://i.ytimg.com/vi/RiMb2Bw4Ae8/mqdefault.jpg](https://www.youtube.com/watch?v=RiMb2Bw4Ae8&authuser=0)](https://www.youtube.com/watch?v=RiMb2Bw4Ae8&authuser=0" \t "_blank)  [[https://ssl.gstatic.com/docs/doclist/images/mediatype/icon_2_youtube_x16.png](https://www.youtube.com/watch?v=RiMb2Bw4Ae8&authuser=0)](https://www.youtube.com/watch?v=RiMb2Bw4Ae8&authuser=0" \t "_blank)  **[Belly Breathing: Mindfulness for Children](https://www.youtube.com/watch?v=RiMb2Bw4Ae8&authuser=0" \t "_blank)**  [Preview YouTube video Kids Mindfulness: Calm Compilation](https://www.youtube.com/watch?v=iEEJT9cYsm0&t=378s&authuser=0" \t "_blank)  [[https://i.ytimg.com/vi/iEEJT9cYsm0/mqdefault.jpg](https://www.youtube.com/watch?v=iEEJT9cYsm0&t=378s&authuser=0)](https://www.youtube.com/watch?v=iEEJT9cYsm0&t=378s&authuser=0" \t "_blank)  [[https://ssl.gstatic.com/docs/doclist/images/mediatype/icon_2_youtube_x16.png](https://www.youtube.com/watch?v=iEEJT9cYsm0&t=378s&authuser=0)](https://www.youtube.com/watch?v=iEEJT9cYsm0&t=378s&authuser=0" \t "_blank)**[dfulness: Calm Compilation](https://www.youtube.com/watch?v=iEEJT9cYsm0&t=378s&authuser=0" \t "_blank)** |  |  |